



## **VOLUNTEERS AND FRIENDS,**

Well here we are at the end of another year, where did those months go? Did you tick off all the things you had on your list to do for the year? I know that there are a few things I will be carrying over into the New Year but that's OK it sets my challenges up for next year and inspires me to achieve more and spread the word of volunteering as I hope it does for you.

All of you, as volunteers and your organisations, have spread so much joy, assisted so many people to have better lives and improved our environment and indeed our entire community consistently throughout the year, I hope you will look back at your achievements and realise just how much they mean to those who are affected and supported by your efforts. I hope you always remember how important and significant you are and the work you do is and never lose sight of the fact that our community is a warmer, brighter and far better place to live because of you and what you do.

This festive season I wish you all the happiness and love of the season and hope you enjoy some time with family and friends, look upon their smiling faces and carry them close to your hearts. I hope you will take some time to rest, enjoy good food and really embrace the good will of this special time of year.

Merry Christmas and have a fabulous New Year,

**Linda Phillis**

**Volunteer Skillsbank Coordinator**

**And the Skillsbank Team**



## Free Event—Pop Up Park



### *Christmas Shopping*

*The judge asked the defendant what he was charged with.*

*"Doing my Christmas shopping early," was the reply.*

*"That's not illegal!. How early were you shopping?"*

*"Before the store was open."*

Don't miss out on the free events for the whole family they are being rung in the Big W car park over the Christmas break with heaps of fun and fabulous activities so come along and bring the family.

They are running on the 19th, 20th and 21st of January from 4:30 till 6:30.

We are also looking for volunteers to look after some of the activities if you are interested in participating please just contact the Skillsbank office on 5721 0258 or [csb@thecentre.vic.edu.au](mailto:csb@thecentre.vic.edu.au) I hope we see you there it is going to be a lot of fun for the entire family and it's free, it doesn't get better than that.

*Di spinning that dial*



## Listen to the Music

Just recently I returned to Oak FM 101.3 Community Radio Station in Wangaratta after a 3 year absence. "Why you ask" because firstly I missed playing music for the enjoyment of members of the community who miss hearing the sounds of yesterday and some who lives may not be lived to the fullest. To me music heals all that ails you whether physically or emotionally and has the magic to make you feel good all over not only that it makes me feel good knowing I am volunteering to help my community.

At Oak FM there is so much variety that you will find that several times during the day someone will be playing the music you like. Easy listening, country, rock & roll, old time and some modern style, it's just a matter of finding out when your style is being played over air. Oak FM can also advertise any events that community groups are holding and it's free. If you have a business their sponsorship prices are affordable and will help keep this great community service going.

My style of music is easy listening from the 60 through to early 2000 great artists like John Farnham, Tom Jones, Englebert Humperdinck, Olivia Newton-John, Delta Goodrem, Tina Arena and Michael Buble' and lots more. So if you enjoy music and you have time to volunteer as a presenter or just help out in the office you can register with Community Skillsbank on the website [www.nevictoria.skillsbank.com.au](http://www.nevictoria.skillsbank.com.au), call in at The Centre Chisholm St Wangaratta or Phone 5721 0258 Monday to Thursday and the volunteers can arrange an appointment to see the new manager Roberto Paino and have a chat.

I am on air Thursdays 9am to 12 noon and I will be on air Christmas day and New Years day so if your listening and would like to request a song and send a greeting to family or friends give me a call (but only when the music is playing). The phone number at Oak FM is 57221569.

Regards,

Di





Made A  
Merry Christmas  
My Friends

## Access For All Abilities

### Sport and Recreation For All Abilities

There are plenty of sports and recreational activities you can try! Whether you are interested in joining a team sport or individual sport, there is an activity for you.

Access for All Abilities works closely with sporting clubs, within the community to develop inclusive sport and recreation opportunities people of all abilities.

Some popular programs across the Hume Region are:

- Archery
- Basketball
- Netball
- Table Tennis
- Football
- Sailing
- Clay Target Shooting

Recently, we had a 'Come & Try' Lawn Bowls event and will be looking to further the opportunities for participation in 2015



If you, your club, or someone you know is interested in participating or for further information on what's on, please contact:

**Kathy Patton: 5721 0251**

[Kathy.patton@thecentre.vic.edu.au](mailto:Kathy.patton@thecentre.vic.edu.au)





## Community Visitors Scheme are seeking Volunteers

The Government have identified that there are a considerable amount of people now choosing to stay in their own homes for as long as they are able, rather than electing to live in an Aged Care Facility. Unfortunately however, we are seeing a lot of these people who are socially isolated and in need of companionship. The more isolated a person may be, the greater the risk there is for depression and other mental health problems eventuating. One thing that is very true though, is that while the telephone and Internet can definitely help relieve isolation, nothing can take the place of face-face human contact.

The CVS Home Visit program aims to enrich the lives of lonely people who are living at home by providing volunteers from the community to regularly visit them once a fortnight. The volunteer can provide that missing link to the resident which gives them a sense of what is going on out in the community.

Would you like to make a difference in the life of a lonely person and like volunteer for the new CVS Home Visit program?

Please contact Tanya Cattier (Community Visitors Scheme Coordinator) on Ph: (03) 5721 0255 or Email: [tanya.cattier@thecentre.vic.edu.au](mailto:tanya.cattier@thecentre.vic.edu.au)



## Mistletoe

Shortly before Christmas, a business man was anxious to get home. The business trip had been gruelling and he was not in a particularly good mood. The airport loudspeakers blared Christmas carols he was sick of hearing. He thought their decorations were tacky. The worst decoration, he thought, was the plastic mistletoe hung over the luggage scale.

Being in a grumpy mood, he said to the woman at the counter, "You know, even if I weren't married, I wouldn't kiss you."

"That's not what it's there for," said the attendant. "It's so you can kiss your luggage goodbye."

**Skillsbank will be closed from Friday December 19th 2014  
and reopen on Monday January 19th 2015**